

1 ABSTRACT OF THE DISCLOSURE

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3 A foot mobility device includes a base, a foot rest
4 hingedly coupled to the base, and an inflatable lifting bladder
5 between the base and the foot rest. The footrest preferably has
6 a massage sock which contains a plurality of inflatable massage
7 bladders. Each of the bladders is provided with a pressure
8 sensor and is selectively coupled to a pressure source
9 (including an air pump) by an electrically operated valve. A
10 control circuit is electrically coupled to the valves, the
11 sensors, and the pump. The control circuit selectively inflates
12 and deflates the bladders according to a cycle which raises and
13 lowers the foot rest and inflates/deflates the massage bladders.
14 The control circuit is preferably provided with a
15 synchronization link which is used to electrically couple two
16 foot mobility devices (one for each foot) such that they operate
17 in an alternating rhythm.